

HELEN J ASLETT
CLINICAL PSYCHOLOGIST AND
RESEARCH PSYCHOLOGIST

BSc(Hons), PhD, PGCert, DClinPsych,

C Psychol.

North Wales Neuropsychology Services, Suite 1c Ash Court, Parc Menai, Bangor. LL57 4DF
enquires@nwneuro.co.uk 07917690143

EDUCATION

2010-2014 Bangor University
Doctorate in Clinical Psychology

1997-2002 London Metropolitan University
PGCert Teaching and Learning in Higher Education (Distinction)

2002-2005 The University of York
PhD Psychology

1995-1998 The University of York
BSc(Hons) Psychology (First Class)

PROFESSIONAL AFFILIATION

Chartered Clinical Psychologist The British Psychological Society Membership
Number: 241817

Registered Clinical Psychologist. Health and Care Professions Council Registration
Number: PYL30976

Full Member Division of Clinical Psychology The British Psychological Society.

EXPERIENCE

Betsi Cadwaladr University Health Board. Clinical Psychologist 2015 - present

North West Regional Spinal Injuries Centre Southport & Ormskirk NHS Trust
Clinical Psychologist (.8) 2014-2015

Southport & Ormskirk NHS Trust Inpatient Stroke Clinical Psychologist (.2)
2014-2015

Younger Breast Cancer Network (UK) Research and Ethics Co-ordinator 2013 –
present (voluntary post)

Betsi Cadwaladr University Health Board. Trainee Clinical Psychologist 2010-2014

Bangor University Reserch Officer in Cancer Care 2008-2010

London Metropolitan University Lecturer/Senior Lecturer in Psychology 2006-
2008

Institute of Child Health University College London Research Fellow in Child
Health 2004-2005

Royal Free and University College London Medical School Reseach Fellow in
Continuity of Cancer Care 2002-2004

University of York PhD student and undergraduate tutor 1998-2001

SELECTED PUBLICATIONS

Aslett, H. (in preparation). The psychological impact of having a breast cancer diagnosis before the age of 45: a review of the current literature and future research directions.

Aslett, H., Huws, J., Kelly-Rhind, J. & Woods, R.T. (submitted). “It’s killing me inside”: The experiences of having a parent with young-onset dementia.

King, M., Jones, L., Richardson, A., Murad, S., Irving, A., Aslett, H. (2008). The relationship between patients’ experiences of continuity of cancer care and health outcomes: a mixed methods study. *British Journal Of Cancer*, 98 (3), 529-536.

Nazareth, I., Jones, L., Irving, A., Aslett, H. et al. (2008). Perceived concepts of continuity of care in people with colorectal and breast cancer – a qualitative case study analysis. *European Journal Of Cancer Care*, 17, 559-77.

Aslett, H.J., Gibson, F., Richardson, A., & Levitt, G. (2007). A review of long-term follow-up for survivors of childhood cancer. *European Journal Of Cancer*, 43 (12) 1781-1790.

Gibson, F., Aslett, H., Levitt, G. & Richardson, A. (2005). Follow-up after childhood cancer: A typology of young people’s health care need. *Journal Of*

Clinical Effectiveness In Nursing, 9(3), 133-146.

Gibson, F., Aslett, H., Levitt, G., & Richardson, A. (2006). Developing Alternative Models of long-term follow-up care in young adult survivors of childhood cancer. Final Report CLIC Sergeant.